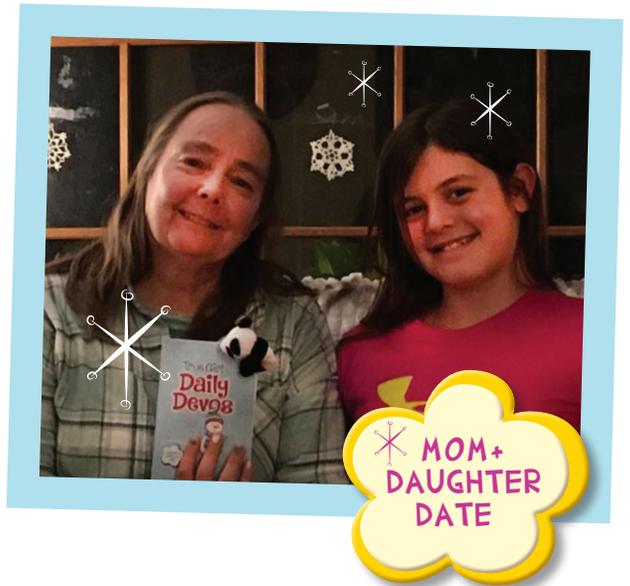


MARCH 2021

Help your daughter make friends and keep them!

Watch the March coaching video from Dannah Gresh, then read through this one sheet.



March 20th is the first day of Spring!

It won't be long before we'll see flowers poking through the ground with the promise of colorful, warm days. If you planted tulips last fall, you'll probably see tulips. Don't expect daffodils! You'll always harvest what you plant.

The same sort of thing happens with our character. If you help your daughter build the habit of reading her Bible and praying, you'll be planting the seeds of a wise woman who loves God's Word and is a prayer warrior in the future.

This month, I want to encourage you to plant a specific godly character quality into the soil of your daughter's heart: **loyalty**. Here's how important the Bible says this one is for us:

Never let loyalty and kindness leave you!
Tie them around your neck as a reminder.
Write them deep within your heart.

PROVERBS 3:3

There are a lot of reasons loyalty is an essential character trait to pursue. The most important one is because God says it is. Another is because the girl world has some friendship drama! Many moms write to me for help with the mean girls in their daughter's lives. Sometimes they're really being bullied and other times they're experiencing the roller coaster of frenemies. (And truth be told, sometimes those moms tell me their daughters are the mean ones!)

One way we can address this sad state of friendship is to focus on what healthy relationships look like and one important trait is loyalty.

So, let's start planting. This one could take a little time to germinate!

HAPPY SPRING!



IN HIS GREAT LOVE,
DANNAH GRESH
Founder of True Girl



mytruegirl.com/subscription

PREPARING FOR YOUR MARCH
MOM+DAUGHTER DATE

Planting
loyalty into your
daughter's heart



SUBJECT:

How to be a
loyal friend

SETTING:

Your home

MATERIALS YOU'LL NEED:

Sunflower seeds

Small pot and soil

Staci's coaching video
for tween girls entitled
How to Become a Loyal Friend

OPTIONAL:

friendship bracelet string and
alphabet beads to spell "loyal"

Your Bibles

This month's mom+daughter experience is all about:
planting loyalty in your daughter's heart.

As promised, we've done most of the thinking for you to have a formative connecting conversation with your girl. Here's what you'll do:

1 Plant your sunflower seeds. You'll enjoy beautiful sunflower blooms this summer. More importantly, you're helping her brain comprehend how godly character qualities grow when they are intentionally planted, nurtured, and watered.

2 Read Proverbs 3:3. Talk to her about loyalty. Here are some discussion questions:

- What do you think we will grow in those pots?
- Can you control what's planted in your friend's heart? In yours?
- What does Proverbs 3:3 say about loyalty and kindness? How might these qualities be helpful in your friendships? What do you need to do in order to have loyalty and kindness show up in your relationships?

As always, use this conversation time to check in on her devos. Help her jump start her time with God if she needs the help. The point of them is not to be legalistic, but to help her enjoy God's Word and develop a habit of turning to it regularly.

3 Watch *How to Become A Loyal Friend* featuring lead teacher Staci Rudolph.

It will offer you some creative thoughts on how to "tie loyalty and kindness" around you so you're reminded that it's your go-to response. (This is where the optional friendship bracelet and letter beads come in handy!) Encourage your daughter to find a way to wear the word "loyal" so she'll be reminded how important this quality is for making and keeping friends.

4 Consider registering for our Spring True Girl Bible study to learn more about loyalty. You and your girl will study the book of Ruth verse-by-verse as you learn five lessons about loyalty. You can find more details at mytruegirl.com/ruth.



Send us photos of
your sunflowers
as they grow. Post
them on Instagram or
Facebook and be
sure to tag True Girl
or Dannah Gresh!



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