

AUGUST 2021

# Raising a Diligent Daughter

Watch the August coaching  
video from Dannah Gresh,  
then read through this sheet.



**A**s a mom, you work hard to make sure your daughter is ready. Is she ready for bed? Ready for church? Ready for practice, the game, or that performance? Ready for her test? Ready to start babysitting for the first time? Ready to be baptized? Ready for school? (Wait. Already? Where did summer go?!)

When you help your daughter to be ready for what comes next—like the upcoming school year—you are being DILIGENT. **Diligence is careful, persistent, focused effort.** And while your daughter may not be there yet, she's learning it as you model it.

Did you know diligence is a biblical quality that's written about often in the Scriptures, mostly in relation to how we approach our spiritual life? But it's also important for our work. Whether making your bed or building a budget for your Etsy store, God's Word encourages diligence. As you practice it, your daughter is learning it. And the beginning of school seems like a great time to teach her about it more directly. You'll do that using this month's verse:

Work hard so you can present yourself to God and receive his approval. Be a good worker, one who does not need to be ashamed and who correctly explains the word of truth.

2 TIMOTHY 2:15

Let me use this verse to remind you: God sees your consistent commitment to raising your daughter. Keep doing the hard work! He approves! It matters to the Lord, and your daughter must may catch this quality from you and grow into a diligent woman of God.

Here's to raising diligent daughters!



IN HIS GREAT LOVE,  
Dannah Gresh

Founder of True Girl



# Preparing for your August Mom+Daughter Date



## A BACK-TO-SCHOOL ROLE REVERSAL GAME



### SUBJECT:

Teach Your Daughter to Be Diligent

### SETTING:

Your home

### MATERIALS YOU'LL NEED:

Ingredients to make breakfast  
and a lunch or snack

Alarm clock

True Girl Digital  
Lunch Box Notes

Your Bibles



In this month's Mom+Daughter Date, you'll switch roles to build excitement for the upcoming school year and practice being diligent. We hope this skill spills over into her studies, but we decided to just practice careful, persistent, focused effort when it comes to her morning routine. (You're welcome!)

Pick a morning before school starts. Let your daughter know that she'll be playing the role of Mom by making sure that **you** are ready for school. You'll play the role of Daughter.

1

The night before your Role Reversal Game, watch Staci's coaching video and ask your daughter to set an alarm for the morning.

(The video will help define *diligence* and encourage her to be responsible with her morning routine.) Clarify that your daughter is in charge of waking you up, feeding you breakfast, and packing a lunch or snack with a True Girl Lunch Box Note!

2

In the morning, let your daughter wake you up and "get you to school" on time.

If she's not usually quick to wake up or dress, you can feel free to demonstrate what that feels like! You do not actually have to go to school. Just be prepared by the time you'd normally need to leave for a bus or be at your homeschool desks.

3

Find a cozy spot to evaluate how you did and read 2 Timothy 2:15 together.

Here are some conversation starters.

- ♥ What does the word diligence mean? Why do you think God cares about how hard you work?
- ♥ What did role reversal feel like to you? How does it feel when you're trying to be diligent but the person you're working with is not?
- ♥ What are some things you can do each day to be ready for school?
- ♥ How can I help you work hard and do your best for God this year?

4

Pray.

Close out your date with prayer for the new school year.



I can't wait to see photos of you and your daughter in your reversed roles! Post them to Instagram or Facebook and tag @TrueGirlOfficial or @DannahGresh.

