

I AM GRATEFUL FOR SINGING,
DANCING, BOOKS,
& DONUTS! (AVA)



True Girl

NOVEMBER 2021

I AM GRATEFUL
FOR GOD. (LYDIA)

I AM GRATEFUL
FOR FAMILY,
FRIENDS, AND
MY DOGS. (KAELYN)



NOVEMBER 2021

It's the Thought That Counts

Watch the November coaching video from Dannah Gresh, then read through this one sheet.

Let's be honest—sometimes we forget to say thank you. If we're really being real, sometimes we don't even want to say thank you. We often take the good things we have for granted. Maybe that's why God, in His infinite wisdom, gave us verses like this:

Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.

JAMES 1:17

What a reminder that God is the ultimate giver of every good gift. The ruler of the universe has us on His mind. Whether the gift He sends is big or small, we should be grateful because the Gift-Giver is perfect in all of His ways. (As the saying goes, "It's the thought that counts.")

When someone gives our daughter a present, what do we tell them to say? That's right, we make sure they thank the gift-giver before they tear into that wrapping paper or gift bag. We're telling the person thank you for thinking of me. In the same way, our daughters need to see (and hear) us being grateful to God, especially for things that can become familiar. We can start off our morning declaring, "This is the day that the Lord has made; we will rejoice and be glad in it!" (Psalm 118:24). As our daughters see us being more intentional about gratitude, they will eventually do the same!



Dannah Gresh & Shani Mackenzie



Preparing for Your November Mom + Daughter Date

AN ATTITUDE OF GRATITUDE



This month's mom+daughter connection experience will help your whole family talk about what you're grateful for.

As always, we've done most of the planning for you to have a formative connecting conversation with your girl.

SUBJECT:

Daily Gratitude

SETTING:

Your home

MATERIALS YOU'LL NEED:

Caramel apple kit or supplies

Post-it Notes

Oreo Caramel Apple

- ♥ Caramel apples
- ♥ Crushed Oreos (with cream filling removed)
- ♥ White chocolate

Make your caramel apples according to the instructions. Allow them to sit for five minutes. While they sit, melt your white chocolate in the microwave in 30 second intervals until smooth. Dip your apples and immediately coat with crushed cookie topping. Let cool and enjoy!

1 Read James 1:17 with your daughter. Here are some discussion questions:

- ♥ Why do you think this verse uses both "good and perfect" to describe what God gives us?
- ♥ What are some good and perfect gifts God has given you lately?
- ♥ Do you consider yourself a grateful person? Or do you need to work on it?

2 Make something that's a good and perfect gift - caramel apples!

Have fun making these tasty fall treats. Go crazy, use some sprinkles and nuts, and remember it's okay to make a mess. As you make them, discuss how important it is to be thankful for little things like caramel apples, a beautiful fall afternoon, or a cozy bed to sleep in. This helps us build the attitude of gratitude!

3 Watch Staci's coaching video.

This will help your daughter build an attitude of gratitude. At the end of this one, we have a special surprise. Artist and author Janet Mylin will be there to teach your daughter how to use water coloring painting to express gratitude to God!

BONUS CHALLENGE: Write daily "thank-you" post-it note and hang it on your wall.

Grab a stack of post-its and put them near your dining room table. At one meal each day, write about a "good and perfect" gift and then stick it on the wall. Watch your wall of gratitude grow as you approach Thanksgiving Day.

Don't forget to send us photos of your caramel apples. Post them on Instagram or Facebook and be sure to tag @TrueGirlOfficial or @Dannah_Gresh.



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✧ Getting Started ✧

How to use this month's discipleship tools to strengthen your daughter's faith

1

Watch the coaching video.

This month, we're talking about gratitude. How can we help our daughters be grateful year-round, not just during the month of November? We'll explore how every good and perfect gift comes from God!

2

Read the date plan and familiarize yourself with the topic.

This paper in your hand contains all the instructions you need for a simple mom + daughter date! You'll participate in a classic fall activity—making caramel apples! We've even added a bonus idea to take your apples to the next level.

3

Schedule your date!

You'll need about two hours to make your caramel apples, watch Staci's coaching video, and have some mom + daughter conversation time.



4

Reveal the box to your daughter and start using the discipleship tools to get her into God's Word.

But first, pull The Gratitude charm—an acorn—from the box. You'll always present her special charms AFTER you do your mom + daughter dates.



Mark Your Calendar:

for the Second Annual Great Christmas Cookie Decorating Party!

Join us on December 9th for a fun night of cookie decorating, diving into God's Word together, and focusing our hearts on the real reason we celebrate Christmas. We're teaming up with Chica Verdadera, our Dominican Republic ministry, to bring you and your daughter a really special event. You won't want to miss it!

