



DECEMBER 2021

Imperfect Preparation

Watch the December coaching video from Dannah Gresh, then read through this one sheet.

Hey There Mom!! Indulge me for a moment and let's picture this: It's Christmas Eve. Stockings are hung, gifts have been wrapped and placed under the perfectly decorated tree, the hot cocoa and cookies are ready for your family to consume by the warm, lively fireplace. Then you realize, you still "need" to pick up stocking stuffers! You wonder, "Did Amazon deliver that gift today?" If not, your hubby may only be getting some socks and underwear this year. The pressure is mounting, and if you could, you'd just shout at the top of your lungs!

Mom, it's time to regroup. God's Word says:

*Shout to the Lord, all the earth;
break out in praise and sing for joy!*
PSALM 98:4

God does want us to shout, but not in frustration. He wants us to make exclamations of joy and praise to Him this Christmas! Instead of worrying about making everything perfect for Christmas, God wants us to focus our hearts on the only perfect One.

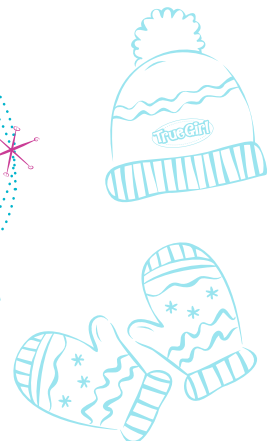


God sent us Jesus to be the perfection we couldn't achieve in and of ourselves. What's amazing about it all is that although Jesus was perfect, the preparation for His birth was everything but. It wasn't glamorous, there were no decorations. Yes, he received gifts, but those didn't even come "on time!"

Take the pressure off yourself to have a perfect holiday season. Replace those stress-filled bellows with shouts of worship and adoration to our King. Let's teach our daughters that the most important way they can prepare for Christmas is in their hearts.



True Girl Curriculum Director
& Lead Teacher



Preparing for your December Mom+Daughter Date

"25 DAYS OF ADVENT-URE"



SUBJECT:

25 Days of Advent[ure]

SETTING:

Your home

MATERIALS YOU'LL NEED:

Family Advent[ure] Activity Cards Download

Warm cider or hot cocoa (optional)



This month's mom+daughter connection experience will help you and your daughter remember to keep the birth of our Lord Jesus the focus of your Christmas season. As always, we've done most of the planning for you to have a formative connecting conversation with your girl.

1 Watch Staci's coaching video.

Grab some warm cider or hot cocoa and start the video. It will help you and your daughter talk about how to prepare your hearts to celebrate Jesus' birth. It is not really about the gifts or the parties, but the One who came to this earth to set us free.

2 Preparing for Jesus.

Talk to your daughter about how to truly prepare for Christmas. Encourage her to make her heart the gift she gives to Jesus this Christmas. No shopping, no material things, just centering her heart on Jesus.

3 Read Psalm 98:4 with your daughter.

Here are some discussion questions:

- ♥ Why does the verse tell us to shout to the Lord? Why can't we just praise Him in our heads? Does it matter that we do it out loud?
- ♥ What would be the greatest gift to give Jesus for Christmas?

4 Print your downloadable Advent[ure] cards and use them.

This month, we're expanding the mom+daughter connection to include the whole family. Each Advent[ure] card contains an activity that everyone in your household can participate in. Start using the cards daily, beginning on December 1st. They will help spark conversations about Christ, and why it's important for us as Christians not to get "wrapped up"—couldn't resist—in all the distractions.



Hey, send us photos of you and your family doing this month's Advent[ure]. Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.