

TrueGirl

JANUARY 2022

HAPPY
NEW
YEAR!

A WINTER
WELCOME!

JUST
FOR
YOU!



JANUARY 2022



Owl teach you wisdom!

Head to your dashboard and listen to the January 2022 True Girl MomCast featuring Dannah Gresh, Janet Mylin, and Shani McKenzie to learn why some moms are insecure about teaching their daughters to meditate on God's Truth and how to overcome it. Then, read through this one sheet.

Hi Mom and Happy New Year!

Do you ever wonder if you're providing your daughter with everything she needs to be successful? That concern runs through my head sometimes. Thoughts like, "What wisdom have I imparted?" and "Is it enough?" Can you relate?!

There was a recent article that listed 10 keys to success. It included things like making a plan and taking small risks. But the one I liked most was number four—develop good habits. If you ask me, that should've been number one! Not because making plans and taking risks aren't important, but because there is one specific habit we need to teach our daughters to be successful.

GOD'S WORD SAYS:

Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.

JOSHUA 1:8



Say hello to Stanley! We're so glad he finally made it to all of our True Girls.

MOM + DAUGHTER DATE

If anyone needed wisdom on how to succeed, it was Joshua! Moses had died, and now Joshua was leader of the Israelites. But God didn't give him 10 keys to success. He gave Him one—meditate on My Word daily. Moms, that's where we get our wisdom; it's how we guide our daughters to find wisdom. Staying in God's Word is how we teach them to achieve success in everything! The challenge, as you'll hear in this month's True Girl MomCast, is that a lot of moms are not teaching their daughters this habit. (But you, my friend, aren't one of them!)

Let's teach our girls to meditate on God's Truth!



BLESSINGS,
SHANI MCKENZIE
True Girl Curriculum Director & Lead Teacher



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PREPARING FOR YOUR JANUARY MOM+DAUGHTER DATE

Learning wisdom by staying in the Word.

SUBJECT:
Wisdom that sticks

SETTING:
Your home (preferably your daughter's room)

MATERIALS YOU'LL NEED:

- Owl Pen
- Sticky Prayers Booklet
- Your Bibles



This month's mom+daughter connection experience is an invitation to begin learning how to share the gospel. As always, we've done most of the planning for you to have a formative connecting conversation with your girl.

STEP 1 Read Joshua 1:8 with your daughter and discuss these questions:

- ♥ What is the key to living successfully, according to this Bible verse?
- ♥ What are some ways you meditate on God's Word?
- ♥ Are you meditating on God's Word regularly? Or do you need to set some new goals about how you do that in 2022?

STEP 2 Watch Staci's coaching video. This will help you start the conversation with your daughter about one area where we can experience good success: healthy emotions. You'll learn about letting the truth of God's Word "stick."

STEP 3 Replacing lies with God's Truth. Meditating on God's Word daily helps us combat the untruths we may think about ourselves with the Truth God says about us. Talk about some feelings your daughter may be having that don't line up with what God says about her. Maybe ask her these questions to start the conversation:

- ♥ Have you been having any negative emotions lately? About what?
- ♥ What are some other scriptures that tell us the truth about those emotions?
- ♥ How can you apply those scriptures in your daily life?



STEP 4 Write some "sticky truth" notes for yourself. Grab some post-it notes and a funky pen. Go through some of the scriptures you just talked about. (If you are using a physical Bible, put a sticky tab next to those verses.) Now, write some prayers on the sticky pad that line up with the Truth of those verses. Have your daughter stick them around her room, and maybe even the bathroom (if she's comfortable with her siblings getting toothpaste on them!). Mom, you can write a couple "sticky prayers" of your own and post them where you can always see them. It's

I can't wait to see photos of your sticky truth notes all over your house! Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.

important for our daughters to know that we as moms also have areas where we must combat lies with the Truth of God's Word. No more sticky emotions in your house! We're stickin' to the Truth!



Getting Started

How to use this month's discipleship tools to strengthen your daughter's faith.

1

Watch the coaching video.

This month, we're talking about wisdom. Where does wisdom come from, and how can your daughter stay grounded in God's wisdom as she starts a fresh new year?

2

Read the date plan and familiarize yourself with the topic.

This paper in your hand contains all the instructions you need for a simple mom + daughter date! We're tackling sticky emotions in this date, so spend some time praying that you'll be able to help your daughter replace any sticky emotions with TRUTH!

3

Schedule your date!

We're not quite sure how much time you'll need for this date, it will vary from girl to girl! But we recommend setting aside at least an hour to watch Staci's coaching video and have some mom + daughter conversation time. Be open to having a longer conversation this month if a sticky emotion comes up!

4

Reveal the box to your daughter and start using the discipleship tools to get her into God's Word.

But first, pull **The Wisdom Box charm**—an owl—from the box. You'll always present her special charms AFTER you do your mom + daughter date.

DANNAH GRESH'S True Girl Pajama Party TOUR



THE TRUE GIRL TOUR IS
GETTING BACK ON THE ROAD!



We hope to see you at a show in your area soon! For tour dates and more information, go to:

mytruegirl.com/events