



MAY 2022



A "Bit" About Obedience



Listen to the May 2022 True Girl MomCast featuring Dannah Gresh, Janet Mylin, and Shan McKenzie.

Then, read through this one sheet.



Would you describe your daughter as obedient?! When I wrote *Lies Girls Believe And the Truth That Sets Them Free*, 75% of moms told me that their daughter struggles to obey. So, I asked the girls what they thought. Guess what? They more than agreed—**97% of church-going tween girls said that they have a hard time being obedient.** (Well, there you have it from the horse's mouth!)

This month, I want to encourage you to teach your daughter a "bit" about obedience. Here's why it matters according to the Bible:

The Lord says, "I will guide you along the best pathway for your life. I will advise you and watch over you. Do not be like a senseless horse or mule that needs a bit and bridle to keep it under control."

PSALMS 32:8,9

Obedying the Lord's guidance is how we stay on His pathway for life and experience His protection. As we submit to His directions, we discover the best pathway for our lives. When we do not live obediently, we're kind of like stubborn horses and mules who cannot go where they need to unless they are under a bit and bridle. (Someone say, "hold yer horses, girls!")

Our team is hoping and praying that this month's conversation will make a difference in the way your daughter responds to authority. And that she recognizes she's in some important years of learning, so God has given her a "bit" and "bridle" named Mom and Dad. It's your job to teach her to obey God.



IN HIS GREAT LOVE, Dannah Gresh

Happy trails!





Preparing for your April Mom+Daughter Date



STOP HORSIN' AROUND!



SUBJECT:

Why obedience matters

SETTING:

A horse barn, pasture, or online experience with a horse

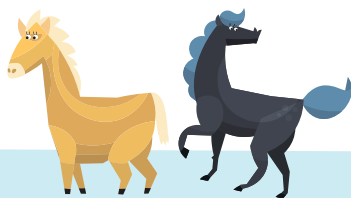
MATERIALS YOU'LL NEED:

A horse*

Staci's coaching video for two girls entitled "Hold Yer Horses, Girl!"

Your Bibles

Optional: A bit or bridle to hold and explore



*For A Virtual Horse Experience

google "virtual horse tour." You'll find some farms who take you to meet one of their four-hoofed "neeeeeighbors" by facebook or zoom. Or you could just watch a classic horse movie to get in the mood for your conversation.



This month's mom+daughter connection experience is all about understanding the usefulness of obedience. Sometimes we struggle to obey because we forget it is God's Will. And sometimes we simply don't understand how valuable it is for our lives. As promised, we've done most of the preparation for you to have a formative connecting conversation with your girl. Here's what you'll do:

1 Watch "Hold Yer Horses, Girl" featuring lead teacher Staci Rudolph.

She'll visit Equestrian Megan Putnam at a horse farm and learn about the power of a bit and bridle. God uses this object lesson for us twice in Scripture, so it must be one worth studying!

2 Visit a local horse. This could be a stable where you go on a trail ride. Or even just a horse in a pasture down the street. Talk about what you observe, especially about a bit and bridle if you end up riding.

- ♥ How strong do you think this horse is? Does it have to obey a rider? Or choose to obey it?
- ♥ Why do you think a tiny bit and bridle is able to control so much strength?
- ♥ What is the benefit to the horse of having an owner who can control it using a bit and bridle?

3 Read Proverbs 32 with an emphasis on verses 8 and 9.

Talk to your daughter about the usefulness of obedience. Here are some discussion questions:

- ♥ What do you think this short Psalm is about? (David wrote it to express his gratitude for God's forgiveness about his disobedience.)
- ♥ How does God respond to David's thankfulness for forgiveness? (Verses 8,9)
- ♥ What does verse 8 tell us is an outcome of obeying God and following His guidance? (He helps us be on the best plan for our life.)
- ♥ What does God liken us to when we are stubborn and do not obey? (A donkey or horse who cannot go where they need to unless they have a "bit" and "bridle.")
- ♥ Do you think God gives us "bits" and "bridles" to help us learn to obey and trust God? (Yep! They're called Mom and Dad.)

As always, use this conversation time to check in on her devos. Help her jump start her time with God if she needs the help.

4 Pray together about being more obedient. Ask God to help both of you follow His guidance and to accept any "bits" or "bridles" in your life as you learn to obey.

I can't wait to see photos of your daughter with her horse friends! Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.

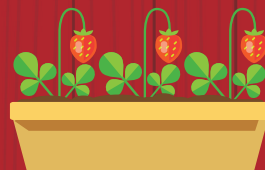




Getting Started



HOW TO USE THIS MONTH'S DISCIPLESHIP TOOLS TO STRENGTHEN YOUR DAUGHTER'S FAITH.



1

Listen to the True Girl MomCast.

This month, we're talking about obedience. It's not a popular topic, but it's so important! We're going to dive into God's Word to help you understand how to tackle this topic with your tween.

2

Read the date plan and familiarize yourself with the topic.

This paper in your hand contains all the instructions you need for a simple mom+daughter date. We're headed to the farm this month!



3

Schedule your date!

If you're able to visit a horse in-person, this date may take a little longer than normal. There are a few different ways to accomplish the goal of this date, so choose whatever option works for you and the time you have available!

4

Reveal the box to your daughter and start using the discipleship tools to get her into God's Word.

But first, pull **The Barn Box charm—a horse**—from the box. You'll always present her special charms AFTER you do your mom+daughter date.



DANNAH GRESH'S

True Girl Pajama Party TOUR



THE TRUE GIRL PAJAMA PARTY TOUR IS HEADED TO THE WEST COAST THIS FALL!



Keep an eye on mytruegirl.com/events for the full announcement on June 1st.