



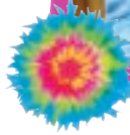
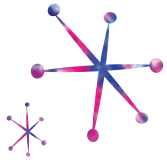
JULY 2022



July 2022



# Purposeful Peace



Listen to the Episode Seven of the True Girl MomCast featuring **Dannah Gresh, Janet Mylin and Shanı McKenzie.**

Then, read through this one sheet.

**H**ey Mom!

Summer is here and with it...all the plans. Pool party on Saturday, camp next week, and countless other things are already filling up the calendar. Not to mention the year-round distractions that are always there...phones are still ringing and computers are dinging. With multiple things constantly vying for our attention, we must carefully choose what we let into our present moments.

I don't know about you, but sometimes I need a strong push to just silence it all. Well moms, I'm here to give you the nudge you've been begging for. This month, I'm inviting you to enjoy some much needed peace.

Philippians 4:6-7 says

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Culture tells us to distract ourselves from anxieties and worry with busyness, but God's Word encourages us to do the opposite. It tells us to use those anxieties as a reminder to center our hearts and minds on Jesus, the Prince of Peace.

While enjoying the many blessings God has placed in our lives is a wonderful thing, we have to be careful not to run to them instead of Him in our times of trouble. He is the ultimate comforter, not the things He gives.

This month, we're encouraging you to practice peaceful living right alongside your daughter. Put routines in place that will help you both quiet the busyness of the world as well as your own minds. Enjoy some summer fun, live in the moment together, but don't forget to experience true peace and rest in Jesus.

Peace out



Staci Rudolph





# Preparing for your July Mom+Daughter Date



## PEACEFUL FUN



**SUBJECT:**  
Peaceful Fun

**SETTING:**  
Your designated craft space

### MATERIALS YOU'LL NEED:

Canvas tote bag or plain white item of clothing

Tie dye kit

Microwave (optional) - follow microwave instructions for your tie dye kit

Your full attention :-)

This month's mom+daughter connection experience is all about understanding and purposefully choosing peace. As promised, we've done most of the planning and thinking for you to have a formative connecting conversation with your girl.

- 1 Watch "Crafting Peace" featuring lead teacher Staci Rudolph.** She'll be creating a cool tie dye craft that's sure to chill you out. Hands-on activities that create a peaceful time of fun, prayer, and connection are an important part of a peace filled life.
- 2 Your turn!** It's time to get your hands colorfully dirty. Use your tie dye kit to bring the tote bag or clothing item to life. While you do, have uninterrupted, peaceful fun with your daughter. No phone. No TV. Just the two of you making a peaceful mess.
- 3 Read Philippians 4:6-7 with your daughter** While your craft is drying, head outside for some conversation time. Sit on the porch, swing in the backyard, or go to the park, but try to get outdoors if you're able. Time in God's creation can help center us and enhance peace.

Have these questions handy for you two to discuss:

- ♥ Has anything been causing you anxiety lately?
- ♥ What are a few verses from God's Word that we can use to bring His peace into the situation?
- ♥ What's one activity we can do to help us remain in God's peace if that anxiety returns?

Close out your conversation with a time of prayer. Have your daughter pray specifically for God's peace over any situation she shares.



I can't wait to see photos of those fun tie dye crafts! Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.





# Getting Started

HOW TO USE THIS MONTH'S DISCIPLESHIP TOOLS TO STRENGTHEN YOUR DAUGHTER'S FAITH.

1

Listen to the True Girl MomCast.

This month, we're talking about peace. It's something we all desire but often forget how to truly experience. We're going to dive into God's Word to help you understand how to usher peace into your tween's life and seek it for yourself too!

2

Read the date plan and familiarize yourself with the topic.

This paper contains all the instructions you need for a simple mom+daughter date. We're getting a bit crafty this month!

3

Schedule your date!

This date is fairly simple and should only require a free afternoon from you and your daughter. Choose whatever day works best for the both of you!

4

Reveal the box to your daughter and start using the discipleship tools to get her into God's Word.

But first, pull the **Peace Box charm**—a tie dye shirt— out of the box. You'll always present her with a special charm AFTER you do your mom+daughter date.

DANNAH GRESH'S  
**True Girl**  
**Pajama Party**  
TOUR



THE TRUE GIRL PAJAMA PARTY TOUR IS HEADED TO THE WEST COAST THIS FALL!



Go to  
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