



HERE'S YOUR
True Girl *
Pajama Party! *

BOX
MOM+DAUGHTER DATE!

SEPTEMBER 2022

Good Friends, Glove-y Mud

Listen to Episode 9 of the True Girl
MomCast featuring Dannah Gresh,

Janet Mylin, and Shani McKenzie.

where we talk about teaching our
daughters to walk with wise friends.
Then, read through this one sheet.



Hi Mom!

Here's a nugget for you – if you drop a white glove in the mud, the mud doesn't get white and glove-y. You probably had to read that a couple times, huh?! I know, these are not your typical words of wisdom, but they are words your daughter can live by. My girlfriend would say this all the time as a reminder that, as Christians, if we're only surrounded by ungodliness, we will eventually give in to the pressure to do bad things.

Who we choose to have around us matters! And no matter what age you are, there will always be pressure, but that pressure doesn't have to be negative. That's right, POSITIVE peer pressure is a thing!



MOM+
DAUGHTER
DATE

Are your daughter's friends putting the heat on her to do the godly thing or the ungodly thing? The Bible tells us in Proverbs 13:20 to "Walk with the wise and become wise; associate with fools and get in trouble." It's so important for our daughters to surround themselves with godly friends. Friends that hold them accountable and let them know when they're about to do something...well...not so smart.

But Mama, this doesn't just apply to our daughters. Do our friends give us advice that lines up with the Word? Do we gossip to our friends about others? WE have to make sure that we, too, are walking with the wise. And we can do it with God's help. Let's pray for friends that don't try to muddy our gloves.

Blessings,



SHANI MCKENZIE





Preparing for Your September Mom + Daughter Date

PILLOW TALK IN YOUR PJS!



SUBJECT:

Toss With the Wise!

SETTING:

Anywhere you'd have a pajama party!

MATERIALS YOU'LL NEED:

Your jammies, of course!

Pajama party snacks
(popcorn, candy, etc.)

A throw pillow

Your Bibles

This month's Mom+Daughter connection experience is all about teaching your daughter to surround herself with friends that encourage her in a positive way. As promised, we've done most of the preparation for you to have a formative connecting conversation with your girl. Here's what you'll do:

1 Watch the daughter coaching video featuring lead teacher Staci Rudolph.

It will help give you some talking points as you discuss positive peer pressure with your daughter.

2 Plan a pajama party!

You and your beautiful girl are going to have some sleepover fun in your pjs. But this is not just any sleepover. This sleepover is all about positive friendship:

- ★ Is your daughter walking with wise, godly friends?
- ★ Does her behavior change when she's around certain people?
- ★ Does she know how to be a godly friend?

3 Read Proverbs 13:20.

Grab your throw pillow and your snack of choice (*smile*), and start chatting. Mom, one of the best ways to get your daughter to open up is if you share first. Talk about a specific experience you had with peer pressure. Was it positive? If not, what wisdom did you gain from the situation? This is also a good time to tell your daughter that peer pressure comes at any age, not just when you're young.

Now start tossing that pillow! There is only one rule: whoever has the pillow has the floor. Make sure your daughter has freedom to share. When she's holding the pillow, she gets to speak without any interjections.

Here are some discussion questions to get things started:

- ★ How do I know if I'm giving my friends godly wisdom? (Read Proverbs 9:10 to see where wisdom comes from. If you fear, or honor, the Lord, then you're more likely to give wise advice.)
- ★ Should I always take my friends' word for it just because they are believers? (God is always your first source, and then others. If what someone says doesn't line up with God's Word, then you follow God's Word.)
- ★ What do I do if I've already given into not-so-positive peer pressure? (Ask God for forgiveness. He doesn't want you to live in guilt or shame. Then talk to mom about it. You may need to make some changes to your friend group.)

As always, use this conversation time to check in on her devos. Help her jump start her time with God if she needs the help.

4 Pray for godly friendships.

Ask God to help you and your daughter both keep and be godly friends.

I can't wait to see photos of you and your daughter in your jammies! Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.



mytruegirl.com

Check out the True Girl Pajama Party Book we've included in your box this month. You'll get some great tips on how to throw a pajama party filled with food, fun, and most importantly God's Truth!

