

FEBRUARY 2023

TrueGirl

MOM+DAUGHTER

DATE

PRAY.

February 2023 ✨

# A New Subject to Study

Listen to the Feb 2023 True Girl MomCast featuring Dannah Gresh, Janet Mylin, and Shani McKenzie where they'll vulnerably share their journeys of studying and learning each of their children.

Then, read through this one sheet.

## Hey Mom!

This letter is for you, I promise. But I needed to share a bit about myself in order to communicate this month's lesson. So...stick with me! It'll all make this month's lesson. So...stick with me! It'll all make sense in a minute.

I just got off the phone with my mom because I needed her help with this letter.

"Creative, withdrawn, sensitive, compassionate, uninhibited, loving, and trusting."

These are the adjectives she used to describe me during my tween years.

It was interesting to hear her use those particular words because that's pretty much what I remember about myself during those years, too. I remember being very sensitive and easily absorbing the words and emotions of others. I remember my brother and sister referring to me as "Spacey Staci" because I was always lost in creative thought. And I remember my mom regularly reminding me that I couldn't do too much at one time even though I wanted to do it all.

My memories of my childhood confirm every adjective she used to a tee. My mom knows me and she knows me well. The same is true about my father.

My parents were careful to study me as I grew and because they did, they were able to recognize my natural bent and encourage me down that path. They saw my creativity and love for music and got me viola lessons. That investment eventually led to me playing it for God's glory at True Girl live events twelve years later.

I say all of this to remind you that knowing your daughter's individual bent is crucial to her development and life's calling. God tells us the same in His Word.

Proverbs 22:6 says,

*Train up a child in the way he should go; even when he is old he will not depart from it.*

The Hebrew word for "way" in this verse is derek. Literally, it means "my way" or "bent." You'll hear this verse unpacked much more in this month's Momcast episode but the easy Truth to grasp right now is that studying your daughter and recognizing her giftings and talents is an important step in training her to live for the Lord. Seeing you put this into practice for her life can also teach your daughter to look for God's bent in others so she can love them well and encourage them down the path God has for their lives too!

This month, we want to enroll you in a new area of study in the school of life: Your daughter 101. Take some time to recognize the unique ways God has crafted her. Notice her interests, methods of communication, and the situations and activities that seem most natural for her. While you won't get a grade at the end of this course, the rewards are greater than you could ever imagine.



Peace & Joy, ✨



STACI RUDOLPH  
TRUE GIRL LEAD TEACHER



# PREPARING FOR YOUR FEBRUARY MOM+DAUGHTER DATE

## Love Your Community!

### SUBJECT:

Love Your Community!



### SETTING:

Anywhere you like!

### MATERIALS YOU'LL NEED:

Craft supplies & candy (paper, glue, scissors, tape, candy hearts, pom poms, etc.)

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Your Bible  
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This month's mom+daughter connection experience is all about planting a love for Christian community in your daughter's heart. As promised, we've done most of the planning and thinking for you to have a formative connecting conversation with your girl.

- 1 Listen to the True Girl Momcast.** Listen to this month's podcast episode as Dannah, Shani, and Janet discuss the importance of knowing your daughter's bent.
- 2 Decorate a True Girl Valentine's Day card or design one of your own.** Help your daughter create Valentine's Day cards that communicate her love for others in her Christian community. You can use the downloadable True Girl cards we've provided or have fun creating your own! While you do, encourage your daughter to highlight characteristics she loves about each person she makes a card for. Maybe she'll mention their kindness or caring heart. As she creates crafts for others, we want you to create them for her! Let her know you see her skills, gifts, and bent. This is your first assignment in the course ;-)
- 3 Read John 13:34-35 with your daughter while you're crafting.** Talk to her about the passage.

Here are some discussion questions:

- ♥ What commandment does God give in this verse?
- ♥ What does our love for others show the world?
- ♥ Do you have a good community that loves Jesus?
- ♥ What individuals make up that community?
- ♥ Would you say you do a good job of showing love to others?
- ♥ What are some ways you can get even better at loving your community in the future?

\* Make share you share a picture of your crafts with us! Tag True Girl or Dannah Gresh on our Facebook or Instagram accounts when you post your creations.

