

# MOM+DAUGHTER DATE

March 2023

# Ready, Set, "Glow"!

Listen to Episode 15 of the True Girl MomCast featuring Dannah Gresh, Janet Mylin, and Shani McKenzie.

Then, read through this one sheet.

**H**i Mom!  
Did you know that our daughters want to hear our testimonies? Last year, we asked some of our tween subscribers what topics they wanted to see in the box. Do you know what many of them said?

That they wanted to hear their mom's story. Our daughters want to know more about what we were like when we were their age. Our favorite things, our struggles, our friends...our God stories.

And they don't just WANT to hear them, they NEED to hear them! God thought sharing our stories was so important that He instructed us to do so in His Word.

PSALM 145:4 SAYS,

Let each generation tell its children  
of your mighty acts;  
let them proclaim your power.

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Our daughters need to hear about how faithful God has been to us, down through the generations. I know when I hear about all the wondrous things God has done in someone else's life, it builds my faith! Let's help our girls build their faith by hearing our testimonies and sharing theirs.

This month, tell your daughter your story.

We have provided you with some conversation cards to get things started. You can make it an extra special time of sharing by inviting other women in your family to tell their God stories, too. The more, the merrier!

"Glow" on... tell it!



Blessings,  
Shani McKenzie





**SUBJECT:**  
"Glowing" Through  
The Ages

**SETTING:**

Your kitchen table or anywhere the women in your family can gather :)

**MATERIALS YOU'LL NEED:**

"Glow and Tell" conversation cards

Snacks for all ages!

Your Bible

Preparing for your March Mom+Daughter Date  
Give God the Glow-ry

This Mom + Daughter date is going to be a little different because it doesn't have to be just you and your daughter. All generations of women in your family are invited to share in this time with you. So grab grandma, your favorite aunties, and some cousins and start telling your stories! We promise you'll have a "glow"-rious time! Here are some steps you can follow:

- 1 Use the cards as prompts.** Before you start asking questions from the conversation cards, let everyone know that these cards are simply meant to START the conversation. These prompts are just a fun way to help people tell their stories.
  - 2 Give details.** After each person answers a question, have them tell a little story about that topic. For example, the question "What was the name of the church you grew up in?" opens up the door for the responder to talk about what they liked about that church and how it helped them grow in the Lord.
  - 3 Read Psalm 145:4.** You (and any older generations present) can talk to the younger ones about why it's important to share our testimonies. Ask them questions that will help them get more comfortable with telling others their God stories. And Mom, these questions aren't age-specific so open them up to everyone.
- Here are a few to get you started:
- ♥ How did your story with God begin?
  - ♥ Where are you in your story with God now?
  - ♥ What are some things you hope to learn about God in the future?
  - ♥ What are some ways you have declared God's power?
  - ♥ Does sharing your testimony make you nervous? Why?
  - ♥ Name three people you think you can share your testimony with this week?
- 4 Pray together.** Ask God to give each of you courage to share your stories with others. Pray for fruit as you proclaim His power to those around you!

\* I can't wait to see photos of you and the women in your life sharing your God stories!  
\* Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.

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